

 **Kitchener/Waterloo**

Monday

• **Friendship Group** 7:00 pm
First Mennonite Church
800 King St. E at Stirling, Kitchener
OD/WA

Tuesday

• **Lust for Life** 7:30 pm
First United Church
16 William St. W. (at King St. S.)
Waterloo, enter at back
OD/BTD/WA

Wednesday

• **Freedom Group** 7:30 pm
St. John's Lutheran Church
Adult Ed. Room, 2nd Floor
22 Willow St. at William St. E.
Waterloo
OD/JFT

Thursday

• **Clean Freaks** 7:30 pm
Calvary Memorial United Church
91 Gruhn St. (corner of Park & Glasgow)
Kitchener CD/OD/BTD (First Step)/WA

Friday

• **Hope Group** 7:00 pm
St. Andrews Church
54 Queen St. N. at Weber, Kitchener
OD/WA

Saturday

• **Saturday Night Live** 7:00 pm
St. Andrews Church
54 Queen St. N. at Weber, Kitchener
OD/WA

 **Kitchener/Waterloo** *(cont.)*

Sunday

• **Step into Recovery** 7:00 pm
Olivet Church
47 Onward Ave. Kitchener
CD

 **Guelph**

Daily Monday to Friday

• **Just for Today** 9:30 am
Knox Presbyterian Church
20 Quebec St. at Baker St., Guelph
Chapel Lane Entrance
CD/WA

Monday & Saturday

• **Phoenix Group** 7:30 pm
First Baptist Church
255 Woolwich St. at Norfolk St., Guelph
OD/BTD/WA

Tuesday

• **Keep it simple** 7:00 pm - 8:00pm
(end unit, formerly YANA Club)
336 Speedvale Ave. W., Guelph
CD/BTD

Wednesday & Sunday

• **Inside Recovery** 7:30pm
Homewood Health Centre
Wed. - Lecture Theatre: MacKinnon
Sun. - Basement: MacKinnon Bldg.
150 Delhi St., Guelph
CD/WA

 **Guelph** *(cont.)*

Thursday

• **Welcome Home** 7:30 pm
40 Baker St., Guelph
CD/BTD/CS/WA

Friday

• **More Will Be Revealed** 7:30 pm
Homewood Health Centre
150 Delhi St., Guelph
Basement MacKinnon Bldg.
OD/WA

Saturday

• **Awakening Group** 10:00 am
Holy Rosary Church
175 Emma St., Guelph (rear ent.)
OD/BTD/WA

 **Cambridge**

Tuesday & Thursday

• **Together We Can** 7:30 pm
Preston Mennonite Church
791 Concession Rd., Cambridge
CD

Saturday

• **Clean Times** 7:30 pm
Trillium United Church
450 King St., Cambridge
(Opposite the Allan Reuter Center)
Entrance on Waterloo
BTD/SS/CD

 **Orangeville**

Tuesday

• **Second Wind** 7:30 pm
(Covenant Alliance Church)
3 Zina St., Orangeville
OS/CD/WA

Friday & Sunday

• **New Life Group** 7:30 pm
Westminster United Church
247 Broadway, Orangeville
CD/TP

 **Elora**

Tuesday

• **Recovery Rocks** 7:30 pm
St. John's Anglican Church
36 Henderson St. at Smith St., Elora
CD/JFT

 **Listowel**

Tuesday

• **Changing Lanes** 7:30 pm
St. Paul's Lutheran Church
505 Wallace Ave. N. at Campbell St.
Listowel (Back entrance)
OD

NEED HELP starting your own meeting?
Contact us or attend our area meeting on
the 2nd Saturday of most months (except on
long weekends). Consult our website under
"Service" at www.gtascna.on.ca for exact
meeting times.
Meetings are at 10 am,
Allan Reuter Center, 2nd Floor,
507 King St., Cambridge, Ontario